



VICSD
VETERINARY IMAGING
CENTER OF SAN DIEGO

Release Instructions Post-Radioiodine Therapy

We thank you for entrusting the care of your cat to the doctors and staff of Veterinary Imaging Center of San Diego. We now ask for your cooperation and compliance with the laws of the State of California in order to allow continued availability of this type of treatment. Your cat was treated with radioactive iodine on _____ and still possesses a low level of radioactivity below that which is considered necessary for requiring entire isolation from humans. However, because some radioactivity will be present for the next two weeks, it is required that you agree to the following safety precautions.

Please observe the following instructions until the date of _____:

- Please keep your cat indoors in order to reduce risk to local wildlife, your neighbors, their children and pets, as they are unaware of your cat's radioactivity.
- Anyone under the age of 18 or pregnant women should avoid contact with your cat and should not change the litter box.
- For your safety, we advise that you do not allow your cat to sleep with you. We suggest you keep your cat in an unoccupied room at night. Avoid face-to-face contact and contact with your cat's saliva. If your need to give your cat oral medication, please wear the protective gloves we have given you. We advise that you wash your hands after these contacts.
- Because a small amount of radioactivity is being excreted in your cat's urine and feces, please wear protective gloves while cleaning the litter box and do not use them for other tasks. Please clean your cat's litter box daily. We recommend you line your litter box with a plastic liner. If you use flushable litter, flush the toilet twice after depositing the litter into the toilet. If you do not use flushable litter, remove soiled litter, place it in a plastic bag, and then into the regular trash outside. If your cat should vomit or soil outside the litter box, perform normal cleaning procedures wearing your protective gloves. Place all soiled cleaning materials into a plastic bag and then into your regular trash outside. Wash your hands when you are finished with these tasks.
- Please keep your cat from walking on kitchen counters. For food preparation, please use a cutting board that can be washed and put away when not in use.
- Should your cat require veterinary care during this two week period, please provide your veterinarian with a copy of these instructions and notify the doctors of Veterinary Imaging Center of San Diego as soon as possible.
- I understand that in the unlikely event that my cat should die at home after treatment, within the next two weeks, that I need to bring them back to Veterinary Imaging Center of San Diego to be held for no less than 90 days before being returned to me or being cremated.
- Please remember to return your cat to your regular veterinarian approximately one month following discharge from our hospital to have necessary post-treatment blood work performed.

If you have any specific problems or questions regarding these matters, please contact us (858) 220-6585.

I have read, understand, and agree to comply with the above radiation safety instructions.

Signature of Owner/Agent

Date